



**Century**  
Federal Credit Union

# Recipes for Success

## Brussels Sprouts Quinoa Cranberry Salad

Jen, Marketing Director

### Ingredients

- 1 cup quinoa
- 1lb Brussels sprouts
- 1 cup dried cranberries
- 1 cup chopped toasted pecans
- 1/4 cup orange juice
- 1/4 cup olive oil
- 2 Tbsp apple cider vinegar
- 1 Tbsp sugar
- Salt & pepper to taste



### Directions

1. Make the quinoa as directed and set aside to cool completely.
2. Rinse the Brussels sprouts, trim the ends. Then cut in half and thinly slice
3. Toss together quinoa, Brussels sprouts, cranberries, pecans.
4. Make the dressing by vigorously whisking together orange juice, vinegar, sugar, salt and pepper. Then pour over salad and toss .