



Century
Federal Credit Union

Recipes for Success

Cheesy Zucchini Rice

Jen, Marketing Director

Ingredients

- 1 cup rice, cooked as directed
- 2 medium zucchinis, grated
- 4 Tbsps butter
- 1 small onion, finely diced
- 2 Tbsps garlic, finely diced
- 2 Tbsp milk
- 1 cup cheddar cheese, shredded
- Salt & pepper to taste



Directions

1. Prepare rice as directed and set aside.
2. Squeeze all excess moisture from the grated zucchini.
3. In a medium sauce pan, over medium heat, melt butter and add in onion. Cook until soft and add in garlic and cook for another minute.
4. Add in zucchini and cook for 4-6 minutes until softened.
5. Add in milk and stir until combined, 2-3 minutes.
6. Add in cheddar and continually stir until it is all combined.
7. Add in rice and finish with salt & pepper. Continue to stir for another 3-4 minutes until it all comes together and serve.