



Century
Federal Credit Union

Recipes for Success

Unstuffed Cabbage Soup

Jen, Marketing Director

Ingredients

- 1 lb lean ground beef
- 2 medium onions, chopped
- 2 stalks of celery, chopped
- 1 tsp. garlic powder
- 1 tsp. basil
- 1 tsp. oregano
- 1 tsp. paprika
- 1 tsp. Worcestershire sauce
- 2 small cans of condensed tomato soup
- 2 cup of water
- 2 cups of diced tomatoes
- 1 head of cabbage, cored and chopped
- 1 cup of rice, cooked as directed



Directions

1. Over medium heat, brown ground beef. Once beef is cooked add in onions and celery and sauté for 4-5 minutes.
2. Add in garlic powder, basil, oregano, paprika, Worcestershire sauce, tomato soup, water and diced tomatoes. Bring to a boil and then add the cabbage.
3. Once cabbage is added reduce heat and simmer for 30-40 minutes.
4. Add in cooked rice and serve.